



# North East Opens 2025

Adult Criteria  
17<sup>th</sup> – 20<sup>th</sup> February 2025

## GENERAL REGULATIONS

North East Opens will be conducted in accordance with the ISU Constitution and General Regulations, the ISU Special Regulations & Technical Rules for Singles Skating, all pertinent ISU Communications, and this Announcement.

If there is a conflict between pertinent ISU Regulations or Communications and provisions set forth in this Announcement, the provisions set forth in this Announcement shall prevail, provided there are no special comments made for Adult Skating Competitions within such ISU Communications.

This event is open to all eligible competitors who are current members of British Ice Skating and qualify with regard to eligibility according to Rule 102. Skates must meet minimum entry requirements including achieving minimum scores where relevant by the closing date unless otherwise outlined.

By entering this Competition you confirm you are an eligible skater and you agree to abide by the Competition Regulations, BIS Policies and this announcement.

Liability: In accordance with Rule 119, it is the sole obligation of each participant, as defined in Rule 107, to provide medical and accident insurance. Such insurance must ensure full medical assistance and the return of the ill or injured person to their home country by air transport or by other expeditious means.

The Local Organizing Committees will provide medical services for all competitors and officials during practice and competition.

## TECHNICAL DATA

Arena: Billingham Forum, Town Centre, The Causeway, Stockton-on-Tees, Billingham, TS23 2LJ

## CATEGORIES

British Adult Nationals will include the following categories:

- Women and Men Free Skating

Participation in the Free Skating at the North East Opens is open only to competitors who have reached at least the age of eighteen (18) before 1<sup>st</sup> July 2024. Below are age categories for Women and Men Free Skating events, however we reserve the right to combine categories at the referee's discretion:

Young Adult		Participants born between	1st July 1996 and 30th June 2006
Class I		participants born between	1 <sup>st</sup> July 1986 and 30 <sup>th</sup> June 1996
Class II		participants born between	1 <sup>st</sup> July 1976 and 30 <sup>th</sup> June 1986
Class III		participants born between	1 <sup>st</sup> July 1966 and 30 <sup>th</sup> June 1976
Class IV		participants born between	1 <sup>st</sup> July 1956 and 30 <sup>th</sup> June 1966
Class V		participants born on or before	30 <sup>th</sup> June 1956

## IMPORTANT NOTES:

In the event the competition is oversubscribed, the Local Organizing Committee reserves the right to stop accepting further entries even before the entry closing date. Entry will be on a first come, first served basis.

### GENERAL INFORMATION FOR ALL COMPETITORS

- It is recommended that competitors will enter at a level appropriate to their current skating ability.
- Entries may be reviewed prior to announcement of the schedule to ensure the integrity of the competition.
- Competitors are not obliged to enter the same level as in previous years.
- Details on Music submission will be provided by the Local Organizing Committee for each event. However, please ensure that the filename includes the surname of the skater and the event and the exact running time (not skating time). All skaters are required to bring a back-up MP3 copy of their music and have it rink side.
- Any program violating the time limit set out in this criteria will receive a deduction of 1.0 for every 5 seconds or part thereof lacking or more than the permitted time.
- Skaters have 30 seconds from the time their name is called to take their starting position.
- The Program and time clock will start with the first movement by the skater/pair or 5 seconds after the start of their music.
- Competitors will be required to submit a Planned Program Content Form for men and women free skating.
- Based on ISU Rule 501(1), competitors should note the following regarding appropriate clothing. Clothing and any make-up of the competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. The clothing must not give the effect of excessive nudity inappropriate for the discipline. Men must wear full-length trousers. Accessories and props are not permitted. Clothing that does not adhere to these guidelines will be penalized by a deduction. The deduction for inappropriate clothing, make-up, props and accessories (1.0) will be determined by a majority of the judges and the referee.

### ADDITIONAL INFORMATION FOR SINGLE SKATERS

- Competitions in Free Skating will be held at Pre-Bronze, Bronze, Silver, Gold, and Masters levels.
- When 24 or more skaters register for the same event, the competition may be divided into two groups according to the age of the skaters. If there are an odd number of skaters, the skater of median age will compete with the younger group of skaters.
- When fewer than 3 skaters register for a singles Free Skating segment, age categories may be combined wherever possible to ensure competition.

### ADDITIONAL INFORMATION FOR THOSE NEW TO COMPETITIONS

- It is recommended that you go to the ISU website site and review the technical handbooks re: regulations on free skating.
- When the music starts and you believe it is not your music or the correct version of your music, do not start your program. Go to the referee immediately and follow his/her instructions. Do not leave the ice unless instructed to do so.
- Always have back up music ready via MP3 at the side of the ice so it is immediately accessible.
- Always arrive ahead of your scheduled competition event – it is recommended that you are at the rink an hour early and are prepared to go on the ice as the schedule may change.

## TECHNICAL REQUIREMENTS – FREE SKATING

### Free Skating Masters

Skaters must hold a minimum of Skills 4 or equivalent to enter

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

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| a. | <ul style="list-style-type: none"> <li>● A maximum of five (5) jump elements, one of which must be an Axel type jump. <b>Single and double jumps are permitted.</b> No triple or quadruple jumps are allowed.</li> <li>● There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence in the free program.</li> <li>● One (1) jump combination or one (1) jump sequence may consist of up to three (3) listed jumps. The other may have two (2) listed jumps.</li> <li>● A jump sequence consists of two (2) or three (3) listed jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.</li> <li>● Each listed jump may be performed a maximum of two (2) times.</li> </ul>   |
| b. | <p>A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.</p> <ul style="list-style-type: none"> <li>● The spins must have a required minimum number of revolutions: five (5) for any spin with no change of foot, and eight (8) for any spin with a change of foot.</li> <li>● A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin.</li> <li>● Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.</li> <li>● All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.</li> </ul> |
| c. | <p>A maximum of one (1) step sequence, fully utilizing the ice surface.</p>  |
- The program duration is 3 minutes +/- 10 seconds.
  - The points for each Program Component are multiplied by a factor of 2.67.
  - Features up to and including Level 4 will be counted for the technical elements.
  - The warm-up duration is five (5) minutes.
  - Each fall shall receive a deduction of 1.0.

## Free Skating Gold

Skaters must hold a minimum of Skills 3 or equivalent to enter

A competitor in the Gold Free Skating event must perform a well-balanced program that may contain:

<b>a.</b>	<p>A maximum of five (5) jump elements, consisting of single jumps (including the single Axel) or double jumps. <b>Double flip, double Lutz, double Axel and triple jumps are not permitted.</b> There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence in the free program.</p> <ul style="list-style-type: none"> <li>● One (1) jump combination or one (1) jump sequence may consist of up to three (3) listed jumps. The other may have two (2) listed jumps.</li> <li>● A jump sequence consists of two (2) or three (3) listed jumps of any number of revolutions, in which the second and/or the third listed jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.</li> <li>● Each listed jump may be performed a maximum of two (2) times.</li> </ul>
<b>b.</b>	<p>A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.</p> <ul style="list-style-type: none"> <li>● The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.</li> <li>● A spin that has no basic position with 2 revolutions will receive no value.</li> <li>● Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.</li> <li>● All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.</li> </ul>
<b>c.</b>	<p>A maximum of one (1) step sequence, fully utilizing the ice surface.</p>

- The program duration is 2 minutes and 50 seconds +/- 10 seconds.
- The points for each Program Component are multiplied by a factor of 2.67.
- Only features up to and including Level 3 will be counted for the technical elements. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- The warm-up duration is five (5) minutes.
- Each fall shall receive a deduction of 1.0.

## Free Skating Silver

Skaters must hold a minimum of Skills 2 or equivalent to enter

A competitor in the Silver Free Skating event must perform a well-balanced program that may contain:

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| a. | <p>A maximum of four (4) jump elements, consisting of any single jumps (including the single Axel). Double jumps and triple jumps are not permitted.</p> <ul style="list-style-type: none"> <li>● There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.</li> <li>● One (1) jump combination or one (1) jump sequence may consist of up to three (3) listed jumps. The other may have two (2) listed jumps.</li> <li>● A jump sequence consists of two (2) or three(3) jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.</li> <li>● Each listed jump may be performed a maximum of two (2) times.</li> </ul>  |
| b. | <p>A maximum of two (2) spins of a different abbreviation.</p> <ul style="list-style-type: none"> <li>● The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and six (6) for any spin with a change of foot.</li> <li>● A spin that has no basic position with 2 revolutions will receive no value.</li> <li>● Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.</li> <li>● All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.</li> <li>● Only features up to and including Level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.</li> </ul> |
| c. | <p>A maximum of one (1) choreographic sequence, fully utilizing the ice surface</p> <ul style="list-style-type: none"> <li>● The pattern is not restricted but the sequence must be clearly visible.</li> <li>● A choreographic sequence has a base value and will be evaluated by the judges in GOE only.</li> </ul>  |

- The program duration is 2 minutes +/- 10 seconds.
- The points for each Program Component are multiplied by a factor of 2.0.
- The warm-up duration is four (4) minutes.
- Each fall shall receive a deduction of 0.5.

## Free Skating Bronze

Skaters must hold a minimum of Skills 1 or equivalent to enter

A competitor in the Bronze Free Skating event must perform a well-balanced program that may contain:

a.	<p>A maximum of four (4) jump elements, consisting only of single jumps. <b>Axel type jumps, double jumps and triple jumps are not permitted.</b> There may be one (1) jump combination in the free program.</p> <ul style="list-style-type: none"> <li>● The jump combination may consist of two (2) listed jumps.</li> <li>● Each listed jump may be performed a maximum of two (2) times.</li> <li>● Waltz jumps will be ignored.</li> </ul>
b.	<p>A maximum of two (2) spins of a different abbreviation, both of which must be a spin in one position with or without a change of foot. <b>Flying spins are not permitted.</b></p> <ul style="list-style-type: none"> <li>● The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) with a change of foot.</li> <li>● A spin that has no basic position with 2 revolutions will receive no value.</li> <li>● All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.</li> <li>● Only features up to and including Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.</li> </ul>
c.	<p>A maximum of one (1) choreographic sequence utilizing at least half (1/2) of the ice surface.</p> <ul style="list-style-type: none"> <li>● The pattern is not restricted but the sequence must be clearly visible.</li> <li>● A choreographic sequence has a base value and will be evaluated by the judges in GOE only.</li> </ul>

- The program duration is 1 minute and 40 seconds, +/- 10 seconds.
- The points for each Program Component are multiplied by a factor of 2.0.
- The warm-up duration is four (4) minutes.
- Each fall shall receive a deduction of 0.5.

## Free Skating Pre-Bronze

Skaters must have completed passport to enter. Those seeking equivalencies can contact [test.membership@iceskating.org.uk](mailto:test.membership@iceskating.org.uk) for clarification.

A competitor in the Pre-Bronze Free Skating event must perform a well-balanced program that may contain:

<b>a.</b>	A maximum of three (3) jump elements, consisting only of single jumps. <b>Axel type jumps, double jumps and triple jumps are not permitted. NO combinations or sequences are permitted.</b> Each listed jump may be performed a maximum of two (2) times. [Waltz jumps will be ignored]
<b>b.</b>	<p>A maximum of 2 spins</p> <ul style="list-style-type: none"> <li>• In the 2 spins only basic positions are permitted with no change of position or change of foot.</li> <li>• There must be a minimum of three (3) revolutions</li> <li>• Spins with the same ISU abbreviation can be repeated.</li> </ul> <p><b>Levels explanation:</b> In both spins there should be no variations of position or level features. Any spin with an attempted variation or feature, whether successful or not, will receive an asterisk (*) and no value will be awarded</p>
<b>c.</b>	<p>A maximum of 1 Choreographic Sequence fully utilising the ice surface.</p> <p>A Choreographic Sequence consists of at least one (1) skating movement like spirals, arabesques, spread eagles, Ina Bauers, hydroblading, etc. Listed elements such as jumps and spins are not allowed within the choreographic sequence. The pattern should be approximately straight line, circular or serpentine and it must be clearly visible and utilise the full ice surface. It is not necessary to touch the barrier at each end of the sequence but the sequence should be large enough to cover the full ice. A Any circle in the middle of the ice or a straight line covering only 1/2 the ice will not be considered as covering full ice surface. This element has a fixed base value and will be evaluated by the judges in GOE only. The intention should be to match the musical structure, showing speed and flow over the ice without the necessity to attempt difficult steps and turns. This element will be awarded half the scale of value for an ISU Choreographic sequence and marked with an L on the pdf to indicate this.</p>

- The program duration is 1 minute and 30 seconds, +/- 5 seconds.
- The points for each Program Component are the same as basic novice.
- The warm-up duration is two minutes and 30 seconds.
- Each fall shall receive a deduction of 0.5.